



**Yakima Valley  
Farm Workers Clinic**

# PRESS RELEASE

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FOR IMMEDIATE RELEASE

## **11 Mothers in Salem Donate Over 2,500 oz of Breast Milk to Local WIC Program**

Eleven dedicated mothers in the Salem area have been donating their breast milk to support other families in need. These donations are essential for kids in intensive care situations and can help moms struggling or unable to breastfeed their babies.

Access to these drop-off sites is essential in creating a smooth process for mothers nervous about shipping their milk. "We're excited that our drop-off sites are an easy connection between moms and Northwest Mothers Milk Bank. We're grateful for the mothers building a community of helping each other," Stacy Hackenmueller, Coordinator of Special Projects for Nutrition Services, stated. When donors drop off their milk, it's kept frozen, sorted, screened, processed with ultralight pasteurization, and distributed to NICU, inpatient, and outpatient babies in need.

According to the Northwest Mothers Milk Bank, one in eight infants in the Pacific Northwest is born prematurely. Human milk significantly increases a preterm infant's chance of surviving the complications of low birth weight. Donor milk is associated with a lower incidence of infection, like necrotizing enterocolitis, compared to other alternatives like formula.

For more information on how you can donate, please visit [DonateMilk.org](http://DonateMilk.org)

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*Yakima Valley Farm Workers Clinic is one of the Pacific Northwest's largest community health centers, providing medical, dental, behavioral health and social services to more than 171,000 people a year. With more than 60 unique service locations across Oregon (Clatsop, Marion, Multnomah, Umatilla, and Yamhill counties) and Washington (Benton, Franklin, Spokane, Whitman, Walla Walla, and Yakima counties), we deliver affordable, comprehensive primary care for underserved populations in our communities. We also extend our network of care through our mobile health units and virtual visit technology, bringing essential care to our more remote patients. Yakima Valley Farm Workers Clinic employs over 1,600 staff in addition to our medical and dental residents, administrative fellows, students, and volunteers. All of whom are dedicated to bringing quality care to those in our communities who need it most. Yakima Valley Farm Workers Clinic is a 501(c)(3) nonprofit organization recognized by HRSA, The Joint Commission, and The National Committee for Quality Assurance for our accomplishments in community health care. For more information, please visit [yvfwc.com/press](http://yvfwc.com/press).*